

FACULTY OF SCIENCES

SYLLABUS FOR THE BATCH FROM THE YEAR 2025 TO YEAR 2026

CERTIFICATE IN COSMETOLOGY FULL TIME (ONE YEAR) (CREDIT BASED GRADING SYSTEM) (SEMESTER I-II)

Examinations: 2025 -26



GURU NANAK DEV UNIVERSITY AMRITSAR

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**CERTIFICATE IN COSMETOLOGY (CBGS) (FULL TIME) (SEMESTER SYSTEM)
SYLLABUS FOR THE BATCH FROM YEAR 2025 TO 2026**

SCHEME

Semester-I

PAPER	TITLE	Credits	Total Marks
CCS01001T	Personal Grooming (Theory)	4-0-0	100
CCS01002L	Personal Grooming (Practical)	0-0-4	100
CCS01003T	Basic Knowledge of Skin (Theory)	4-0-0	100
CCS01004L	Basic Knowledge of Skin (Practical)	0-0-4	100

Semester-II

PAPER	TITLE	Credits	Total Marks
CCS02001T	Hair Care (Theory)	4-0-0	100
CCS02002L	Hair Care (Practical)	0-0-4	100
CCS02003T	Makeup & Yoga (Theory)	4-0-0	100
CCS02004L	Makeup & Yoga (Practical)	0-0-4	100

**CERTIFICATE IN COSMETOLOGY (CBGS) (FULL TIME) (SEMESTER-I)
SYLLABUS FOR THE BATCH FROM YEAR 2025 TO 2026**

CCS01001T : PERSONAL GROOMING (THEORY)

Credit : 4-0-0

Max Marks : 100

Time : 3 hrs

Instruction for the Paper Setters :

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five question, selecting at least one question from each Section. The fifth question may be attempted from any Section.

OBJECTIVES

To create awareness about Cosmetology & Personal Grooming

To impart knowledge about Hair Removing methods

SECTION-A

1. **COSMETOLOGY:**

- What is Cosmetology
- It's aims and objectives

SECTION-B

2. **PERSONAL Care:-**

- Care of yourself:- Mouth, Teeth, Eyes, Ears, Feet, Removing body hair, Nails and hand care, Care of Clothing.
- Visual poise:- Standing, Sitting and Walking.
- Basic table manners.

SECTION-C

3. **COLORS AND OUTFIT :-**

- Basic knowledge of color and color wheel.
- Plan a wardrobe according to complexion, occupation, weather & occasion.

SECTION-D

4. **HAIR REMOVING METHOD:-**

- Bleaching.
- Epilatory methods of hair removing
- Depilatory methods of hair removing

References / Books :

1. Text Book of Cosmetology – Supriya Sharma
2. Text Book of Cosmetology – Dr. Veena Pitre

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CCS01002L : PERSONAL GROOMING (PRACTICAL)

Credit : 0-0-4

Max Marks : 100

Time : 3 hrs

Instructions :-

Paper will be set on the spot by the examiner :-

1. SKIN CARE
 - C.T.M.P.
 - Deep cleansing methods.
 - Making of personal care products with the help of home ingredients

3. REMOVING BODYHAIR :-
 - Waxing, Tweezing, Threading
 - Bleaching.

4. STYLING:-
 - Thermal hair styling
 - Saree draping & dupatta setting.

References / Books :

1. Text Book of Cosmetology – Supriya Sharma
2. Text Book of Cosmetology – Dr. Veena Pitre

**CERTIFICATE IN COSMETOLOGY (CBGS) (FULL TIME) (SEMESTER-I)
SYLLABUS FOR THE BATCH FROM YEAR 2025 TO 2026**

CCS01003T : BASIC KNOWLEDGE OF SKIN (THEORY)

Credit : 4-0-0

Max Marks : 100

Time : 3 hrs

Instruction for the Paper Setters :

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five question, selecting at least one question from each Section. The fifth question may be attempted from any Section .

OBJECTIVES

To create awareness about Skin & Nails

To impart knowledge about Facial massage & treatments

SECTION-A

1. SKIN :-
 - Structure and functions of skin
 - Types of skin
 - Common skin problems

SECTION-B

2. BASIC MANIPULATIONS:-
 - Types of massage
 - Benefits of massage
 - Basic knowledge of ten facial muscles

SECTION-C

3. FACIAL TREATMENTS:-
 - Skin analysis
 - Methods of facial massage
 - Making of facial products according to skin with home ingredients

SECTION-D

4. NAILS:-
 - Structure of nails
 - Disorders of the nails
 - Nail spa

References / Books :

1. Standard Text Book of Cosmetology – Micady
2. Text Book of Cosmetology – Supriya Sharma

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CCS01004L : BASIC KNOWLEDGE OF SKIN (PRACTICAL)

Credit : 0-0-4

Max Marks : 100

Time : 3 hrs

Instruction:

Paper will be set on the spot by the examiner

1. SKIN CARE

- Preparation of facials
- Skin analysis
- Basic trolley setting
- Plain facial
- Preparation of homecare ingredients according to client's skin

2. NAIL CARE

- Manicure
- Hot oil manicure
- Nail art
- Basic trolley setting
- Method of Pedicure
- Preparation of client

References / Books :

1. Standard Text Book of Cosmetology – Milady
2. Text Book of Cosmetology – Supriya Sharma

**CERTIFICATE IN COSMETOLOGY (CBGS) (FULL TIME) (SEMESTER-II)
SYLLABUS FOR THE BATCH FROM YEAR 2025 TO 2026**

CCS02001T : HAIR CARE (THEORY)

Credit : 4-0-0

Max Marks : 100

Time : 3 hrs

Instruction for the Paper Setters :

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five question, selecting at least one question from each Section. The fifth question may be attempted from any Section.

OBJECTIVES

To create awareness about hair & hair coloring

To impart knowledge about Hair coloring & Hair care

SECTION – A

1. HAIR
 - Structure of hair.
 - Growth & replacement of hair
 - Basic knowledge of hair pigments.

SECTION – B

- 1 HAIR SPA
 - Techniques of head massage.
 - Hair problems & treatments with natural masks & packs
 - Basic hair spa

SECTION – C

- 2 HEAD CUTS:-
 - Sectioning of hair
 - Preparation of hair cut.
 - Techniques of hair cuts

SECTION – D

3. HAIR COLORING
 - Hair analysis
 - Types of hair coloring
 - Methods of hair color application

References / Books :

1. Hair Dressing for NVQ Level – 3 : Pat Dudley & Bob Woodhouse\Standard Book of Cosmetology, Indian Edition - Milady

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CCS02002L : HAIR CARE (PRACTICAL)

Credit : 0-0-4

Max Marks : 100

Time : 3 hrs

Instruction :-

Paper will be set on the spot by the examiner.

1. HAIR CARE:-

- Hair spa
- Head massage techniques
- Trolley setting.

2. HAIR CUTS:-

- Client preparation for hair cuts
- Texture analysis
- Basic hair cuts
- Trolley setting

3. HAIR DESINGING:-

- Different type of plaits
- Buns with stuffies, Donut and without stuffies

4. HAIR COLORING:-

- Global
- Root touchup

References / Books :

1. Hair Dressing for NVQ Level – 3 : Pat Dudley & Bob Woodhouse\Standard Book of Cosmetology, Indian Edition - Milady

**CERTIFICATE IN COSMETOLOGY (CBGS) (FULL TIME) (SEMESTER-II)
SYLLABUS FOR THE BATCH FROM YEAR 2025 TO 2026**

CCS02003T : MAKEUP & YOGA (THEORY)

Credit : 4-0-0

Max Marks : 100

Time : 3 hrs

Instruction for the Paper Setters :

Eight questions of equal marks (Specified in the syllabus) are to be set, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates are required to attempt five question, selecting at least one question from each Section. The fifth question may be attempted from any Section.

Objectives:

To create awareness about makeup & yoga

To impart knowledge about makeup according to skin & weather & creative fitness

SECTION A

1. FACIAL ANALYSING & PRODUCTS

- Skin analysing & face shapes for makeup
- Products for makeup according to skin and weather

SECTION B

2. BASIC MAKEUP :-

- Application of makeup
- Tools for makeup
- Makeup according to skin & weather

SECTION C

3. FACE CORRECTIONS.

- Face contouring
- Corrective makeup
- Products for contouring & corrective makeup

SECTION D

4. YOGA.

- What is yoga
- Benefits of yoga
- Asanas: Tar asana, Bhujang, Padam, Vajra

References / Books :

1. Vogue Makeup – Juliet Cohen
2. Standard Book of Cosmetology – Indian Edition by Milady
3. Light On Yoga – B.K.S. Iyenger

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CCS02004L : MAKEUP & YOGA (PRACTICAL)

Credit : 0-0-4

Max Marks : 100

Time : 3 hrs

Instruction :-

Paper will be set on the spot by the examiner.

3 YOGA ASANAS:-

- Techniques of yoga asanas
- Tar asana, Bhujang asana, Padam asana & Vajra asana

2. MAKEUP TECHNIQUES:-

- Facial analysis of client.
- Preparation of client.
- Products according to client's skin & weather & occasion.
- Trolley setting.
- Casual makeup & formal makeup
- Corrective & contouring techniques with makeup

3. FORMAL HAIRSTYLES

References / Books :

1. Vogue Makeup – Juliet Cohen
2. Standard Book of Cosmetology – Indian Edition by Milady
3. Light On Yoga – B.K.S. Iyenger